

OfficeLINK

A COMMUNITY RELATIONS PUBLICATION

OCTOBER 2011 · VOL. 13, NO. 4

Memorial Welcomes Two Cardiologists

Memorial Hospital is pleased to announce that Drs. Sam Solomon and Garima Sharma have joined York Heart and Vascular Specialists.



DR. SAM SOLOMON

Dr. Solomon is a well-known physician in York County, having practiced for 25 years at Cardiac Diagnostic Associates in York. When asked about his reputation in the community as a caring physician, Dr. Solomon said that he treats patients as he would want to be treated.

“Patients are often scared when they come to see a cardiologist. I am their friend, their advocate and someone they can trust to be honest with them,” he said.

As a child growing up in Wilkes Barre, Dr. Solomon would go with his father to doctors’ appointments. These doctors are the reason he decided to pursue a career in medicine. In medical school, Dr. Solomon decided to specialize in cardiology because he likes the mix of clinical and surgical skills.

Dr. Solomon is excited to join the York Heart and Vascular Specialists practice with Drs. Rajachandran, Savarese, Daoko and Sharma. “I am extremely impressed with the growth Memorial has experienced in cardiology this past year and the Hospital’s vision for doing it right by having subspecialists in the practice for vascular, electrophysiology, nuclear MRI and heart failure,” said Dr. Solomon.

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You Are Invited to Attend Memorial Hospital’s OfficeLink Quarterly Meeting

Date & Time

Tuesday, December 6, 2011 • 11 a.m. to 1 p.m.

(A complimentary lunch is included.)

Location

Heritage Hills – Augusta Room

2700 Mount Rose Avenue, York

Presenter

M. Edward Kroh, SPHR, CCP, CHCM

Human Resources Consultant

Vantagen – A ParenteBeard Company

Topic

Strategies for Developing an Effective Team

Our speaker will discuss how you can build a cohesive team in your practice including motivation, morale and getting different ages to work cooperatively together.

Sponsored by

Memorial Hospital

Please R.S.V.P. by calling Memorial Hospital’s

Community Relations Department

at 849-5492 by November 29, 2011.



Memorial Hospital

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Memorial Welcomes Two Cardiologists continued...

"I believe it is important for York County to have options for their health care, and I am excited to play a part in the Hospital continuing to grow and be a quality choice in our community."

Dr. Solomon and his wife, Karen, have two children: Danielle, 25, and Rachael, 22.



DR. GARIMA SHARMA Growing up in India, Dr. Sharma had a lot of inspiration to become a physician. Both her mother and father are primary care physicians and she saw first hand how they made a difference in the lives of their patients. She decided to specialize in cardiology because

she saw in India how cardiovascular disease was undiagnosed, and she says the same can be said for the United States.

"Patients have access to care, but don't recognize the signs and symptoms," she said. "This is especially true for women. Their signs are atypical and they often don't know they have it until the disease is advanced. Women face enormous challenges because their symptoms are often masked."

Dr. Sharma wants to change that in York County by educating women and men about heart disease so it can be treated early. She also has special training in heart failure and wants to work with patients who have heart failure to provide them with the screenings, medications and treatments they need to improve their quality of life.

She completed her residency in Internal Medicine and a cardiology fellowship at Temple University Hospital in Philadelphia. When not in the office, Dr. Sharma and her husband enjoy sports and spending time with their families.

YORK HEART & VASCULAR SPECIALISTS

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Congratulations, Dr. Palmer!



Dr. Hugh Palmer recently attended his 500th meeting with Memorial's White Rose Hospice. At the meeting, Sally Dixon, Memorial's president and CEO, commended Dr. Palmer for his dedication.

"He has been instrumental in sharing with other physicians the value of Hospice and increasing the knowledge base about why the program is a valuable resource," Sally said.

Dr. Palmer has been the medical director for Memorial's White Rose Hospice for more than 11 years. When asked why he has been so actively involved with Hospice, Dr. Palmer said, "I believe in the Hospice concept; it is perfect for end of life care. It is even more meaningful for the patient and family when the Hospice team has more time to work with the family. Sometimes we are not brought into the care plan until very late. It is better if we are included three to six months before so we can get to know the patient and family and they can get to know us and what Hospice has to offer."

Patient Privacy Reminders

Keeping patient information safe is a top priority in health care. Remember these guidelines and be sure everyone on your team knows them:

- Always log off your computer before walking away.
- Never share your computer password.
- Accessing information for personal reasons is never acceptable.
- Get patient approval before sharing verbal confidential information with others.
- Access only the information "you need to know" to perform your job.

If you have remote access to the Memorial Hospital computer system, please notify us when someone leaves your practice so that we can de-activate the account. Please call Bonnie Duncan at 849-5573 for assistance.



Welcome Dr. O'Neill



Rory O'Neill, D.O. is Memorial's new physician in Emergency Medicine.

"I like the diverse patient population and each patient is different," Dr. O'Neill said. "From kids to the elderly, I like the instant gratification that you don't get with other facets of medicine."

It was his wife's endocrinology fellowship at Hershey Medical Center that brought them to this area. Originally from Flint, Michigan, Dr. O'Neill attended the University of Michigan and then Michigan State University College of Osteopathic Medicine. Prior to joining Memorial, he was assistant professor and attending physician with Penn State University Milton S. Hershey Medical Center Department of Emergency Medicine.

When he is not in the Emergency Department, Dr. O'Neill's hobbies include Italian cooking, University of Michigan football and traveling around the region with his wife, Carina, and their son, Padraig.

Welcome Dr. Suppiah



Memorial Hospital is pleased to announce that Dr. Sumathi Suppiah has joined Susquehanna Trail Family Medicine. "I like the aspect of treating all family members throughout their lives," said Dr. Suppiah.

Dr. Suppiah attended Thanjavur Medical College in Sri Lanka,

India. To practice medicine in the United States, she completed an internship at New York Methodist Hospital and residencies at Latrobe Hospital in Pennsylvania and Stamford Hospital in Connecticut. After Stamford, she was eager to move to York, where she says the atmosphere is "calmer."

She is happy with her choice to join the Memorial team. "All of my colleagues are polite, kind and respectful," Dr. Suppiah said.

When she is not in the office, Dr. Suppiah and her husband, Dr. Ravichandran Suppiah, who is an anesthesiologist with Memorial, are busy raising two boys, Taron and Ethan.

Wellness at Memorial Hospital

Diabetes Support Group

Sometimes living with diabetes can be overwhelming. Sharing those feelings with others can make life easier. If you have diabetes, please consider joining this group. For more information or to register, please call 815-2755.

Date: Second Wednesday of each month

Time: 7 to 8:30 p.m.

Location: Memorial's Community Health and Wellness Center, 1420 Sixth Avenue, Suite 3

Nicotine Support Group

The goal of the Nicotine Support Group is to share common experiences, learn about the power of nicotine and create a caring atmosphere. The Support Group is free to those individuals who are nicotine-free or who want to become nicotine-free. Please call 849-5463 for more information.

Date: Every Tuesday

Time: 6 to 7:30 p.m.

Location: Memorial's Community Health and Wellness Center, 1420 Sixth Avenue, Suite 3

Pediatric Advanced Life Support (PALS)

This class is designed for physicians, nurses, and EMT's/paramedics. You must have your current Basic Life Support Healthcare Provider (BLS HCP) certification. This class offers a two-year certification from the American Heart Association. The class fee is \$187 for first time participants and \$107 for those individuals seeking re-certification. Manuals are available to purchase for \$33. For more information or to register, please call 849-5462.

Dates: November 10 and 11, 2011

Time: 9 a.m. to 5 p.m.

Location: Elmwood Mansion Conference Center

See a variety of health and wellness classes by visiting Community Wellness on Memorial's web site at www.mhyork.org.

A REMINDER FOR THE OFFICE STAFF...

Please include a complete and accurate diagnosis code on all written orders for diagnostic testing at Memorial Hospital.

Thank You!



Diabetes... Know the Score



The Diabetes Center at Memorial Hospital is offering a free event to the community on Saturday, November 5 from 10 a.m. to 12 p.m. The event includes a cooking demonstration for healthy tailgating, arm chair exercises for the armchair quarterback and free flu vaccines for participants with diabetes.

The event will be held in the Heritage Hills Terrace Room, 2700 Mt. Rose Avenue in York, and includes light refreshments and door prizes. No RSVP is required. For more information, please call Terri Epler at 849-5461.

**Please Remind
Your Patients
to Pre-Register!**

Monday through Friday from 8 a.m. to 8 p.m.
Saturday from 8 a.m. to 12 p.m.
One Call Scheduling and Pre-Registration!

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