

OfficeLINK

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Memorial Hospital Only Hospital in the County with Cardiac MRI Accreditation

Memorial Hospital is the only hospital in the county with cardiac MRI accreditation. This three-year accreditation from the American College of Radiology (ACR) was achieved through the efforts of Miller and DiPietro Associates and York Heart and Vascular Specialists. Cardiac MRI is a noninvasive medical test used to evaluate the structure and function of the heart and blood vessels.

The procedure can determine the extent of heart muscle damage caused by a heart attack or progressive heart disease. It is also used to assess a patient's recovery following treatment.

"MRI images of the heart are generally clearer than with some other imaging methods for certain conditions. The advantage makes MRI an invaluable tool in early diagnosis and evaluation of certain cardiac abnormalities, especially those involving the heart muscle, which cannot usually be detected with other imaging modalities," said Dr. Joseph Daoko, cardiologist with York Heart and Vascular Specialists. "Cardiac MRI is the gold standard to examine the size of the heart chambers and the thickness of the heart wall."

The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting ACR Practice Guidelines and Technical Standards after a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed.

You Are Invited to Attend Memorial Hospital's OfficeLink Quarterly Meeting

Date & Time

Tuesday, March 6, 2012 • 11 a.m. to 1 p.m.

(A complimentary lunch is included.)

Location

Heritage Hills Resort – Augusta Room

2700 Mount Rose Avenue, York

Presenter

Faith Zeigler, R.H.I.A.

Director, Health Information Services

Memorial Hospital

Topic

The Switch to ICD-10 Codes: What Does it Mean for My Practice?

By October 1, 2013 the ICD-9 code sets used to report medical diagnoses and inpatient procedures will be replaced by ICD-10 codes throughout the healthcare industry. This program will cover the differences between ICD-9 and ICD-10, why the codes are changing and some suggestions of what to do to prepare.

Sponsored by

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**Please R.S.V.P. by calling Memorial Hospital's
Community Relations Department
at 849-5492 by February 28, 2012.**



Memorial Welcomes Dr. Peña



Memorial Hospital is pleased to announce that Dr. Rhonda Peña has joined Dr. Roger Boatwright at York OB/GYN Specialists. For Dr. Peña, the key to practicing medicine is being a good listener.

“Patients want to tell their story and know that they have been heard,” she said. “It is amazing

to me how they will open up as we build a relationship and they know they can trust me.”

She finds the OB/GYN specialty rewarding. “Every time that I deliver a baby it is like the first time. Every experience is different and it is such an amazing, happy event that I am able to be part of,” she said. “I also enjoy gynecology because it is rewarding to have a woman come to me with a problem that is affecting her quality of life and I am able to help her and make a difference in her life.”

Dr. Peña completed her residency in OB/GYN at Crozer-Chester Medical Center and she worked as a locum tenens physician before joining an OB/GYN practice in Clearfield, Pennsylvania. She was interested in Memorial because of the location and the Hospital’s technology. Dr. Peña performs minimally-invasive procedures and was impressed with Memorial’s newest generation da Vinci® Si™ robotic surgical system. She also likes the size of York County and its proximity to major cities. After meeting associates and physicians at Memorial, Dr. Peña knew this was the place for her. She looks forward to helping grow the practice and the OB/GYN department.

In her free time, Dr. Peña enjoys playing tennis and golf, traveling, reading and hiking.

Memorial Recognized by AHA

The magazine *U.S. News and World Report* lists Memorial Hospital in the 2012 Best Hospitals edition for receiving the American Heart Association’s (AHA’s) “Get with the Guidelines” Gold Quality Achievement Award. Memorial Hospital was the only hospital in York County to make the list.

The AHA recognized Memorial for achieving at least two years of 85 percent or higher adherence to the “Get with the Guidelines” quality indicators for improving quality of patient care and outcomes.

HomeCare of York Offers Lymphedema Therapy



HomeCare of York is pleased to announce Christy Commins, a lymphedema therapist, has joined the home care team. Christy holds a bachelor’s degree in physical therapy, a master’s in health sciences from the Medical University of South Carolina and is certified by the Chikly Institute in lymphedema management.

Primary lymphedema is usually a birth or congenital defect. Secondary lymphedema is the most common, and it can be caused by damage to the area of an intact lymphatic system.

“Lymphedema is a condition similar to a beaver building a dam,” Christy said. “The stream can no longer run smoothly and there is a back up of water. The dam must be redirected in order for the water to run effortlessly again.”

Early detection of a damaged lymphatic system is important for optimal treatment. If not treated, the involved area will continue to swell and wounds often evolve. When this occurs, patients live with chronic pain, risks of infection, immobility, isolation and frequent hospitalizations.

Lymphedema is treated by compression therapy, which consists of using compression wraps, garments or stockings. The compression wraps allow fluid to be slowly and effectively redirected to a healthy area. With compression therapy, patients see results in a short treatment time.

For more information about lymphedema therapy, please call Christy at 887-9369.

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ACCEPTING NEW PATIENTS



Welcome Kelly Marsteller



Memorial's new outpatient dietitian in Community Health and Wellness Department is Kelly Marsteller. Kelly is a registered dietitian providing outpatient nutrition counseling and community health education.

She also provides the nutrition segment of outpatient diabetes education classes and helps with

community health programs such as KidShape®. Additionally, she writes nutrition articles for the *York Daily Record*.

Patients with diabetes and heart disease as well as other conditions including hypoglycemia, hypertension and gastroesophageal reflux disorder (GERD) may be referred to Kelly. Physicians may refer patients for counseling by:

- Completing a Certificate of Medical Necessity form for each patient including patient contact information, diagnosis, ICD-9 codes, insurance information and any other pertinent information.
- Signing the Certificate of Medical Necessity (a stamped signature is not permitted per CMS guidelines) and faxing it to Kelly at 849-5342.

After verification of the patient's account and insurance information, Kelly will call the patient to schedule an appointment. After the appointment, she will complete an outpatient nutrition progress note and follow-up sheet reflecting the appointment outcome and any future visits scheduled.

This will be faxed to your office for the patient's file. Your office will also be informed if the patient could not be reached to set-up the original appointment or if any appointments are missed or declined.

If you have questions about Memorial Hospital Outpatient Nutrition Services, please call Kelly at 849-5507.

PATIENT PRIVACY REMINDER

If an employee leaves your practice, please contact Bonnie Duncan in Memorial's MIS Department at 849-5573 so the person is deactivated in our computer systems.

Wellness at Memorial Hospital

Diabetes Self-Management Education Program

The program focuses on general information about diabetes and the aspects of self-care. The American Diabetes Association recognized this education service as meeting the National Standards for Diabetes Self-Management Education. For information or to register, please call 849-5461.

Dates: February 7, 14 and 21, 2012

Time: 6 to 9 p.m.

Location: Memorial Hospital

New Baby Day Camp

Welcoming a new baby into the family is exciting, but it can also be stressful – especially for the littlest member of your family. Ease the transition by attending New Baby Day Camp, a fun and interactive program where kids learn what a baby looks like, how to become a big helper, and how to make friends with the new baby. For more information or to register, please call 849-5462.

Date: February 8, 2012

Time: 6 to 7:30 p.m.

Location: Memorial Hospital, Room 314

Tobacco Cessation Program

The goals of this free, six-week program are to help individuals develop a better understanding of tobacco use, how to overcome the tobacco addiction, methods to cessation and how to live a tobacco-free life. The program is designed to provide individuals with a step-by-step approach to tobacco cessation in a group format. For more information or to register, please call 849-5463.

Dates: March 19, 26, and April 2, 9, 16 and 23, 2012

Time: 6 to 9 p.m.

Location: Memorial Hospital

Free Diabetes Class in March

Did you know that 56 million Americans have pre-diabetes and most do not know it? People with pre-diabetes can prevent Type 2 diabetes by learning how to eat healthy, being physically active and managing their weight. Memorial Hospital offers a free pre-diabetes class that is open to the public. Attendees receive a personalized meal plan, pedometer and healthy refreshments. The class will be held Monday, March 5 from 10 a.m. to noon in the Staff Room at Memorial Hospital. Your patients may register by calling 849-5461.



Medicare Plan Name Changes

United Healthcare Medicare Solutions Medicare Advantage plans have made name changes effective in 2012. The changes are:

- AARP/Medicare Complete from Secure Horizons is now *AARP Medicare Complete through United Healthcare*
- Secure Horizons by United Healthcare is now *United Healthcare*
- Evercare by United Healthcare, Institutional & Chronic Special Needs Plans is now *United Healthcare*
- Evercare by United Healthcare, Dual Special Needs Plans is now *United Healthcare Community Plan*

Please call 866-574-6088 with any questions regarding the plan name changes.



**Please Remind
Your Patients
to Pre-Register!**

Monday through Friday from 8 a.m. to 8 p.m.
Saturday from 8 a.m. to 12 p.m.
One Call Scheduling and Pre-Registration!

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